

Course Faculty & Schedule:



Rami M. El-Shaar, MD
Rochester Regional Health System
8:00am-9:30am

Dr. El-Shaar was born and raised in Akron, Ohio where he earned his undergraduate degree from Case Western Reserve University and played for Case Western's tennis team. He then received his medical degree from the Northeast Ohio Medical University, and completed his residency at the University of Rochester Medical Center. He completed a Sports Medicine Fellowship at the Kerlan-Jobe Orthopaedic Clinic in Los Angeles, where he cared for professional athletes of the Los Angeles Rams, Dodgers, Kings, NFL Combine, and others. He is currently Medical Director of Shoulder Surgery at Rochester General Hospital. He specializes in arthroscopic management of shoulder, hip and knee injuries and shoulder replacements.



Kate A. Grant, DO
Rochester Regional Health System
9:45am-11:00am

Dr. Grant is a native of New Hartford, NY. She completed her undergraduate at Siena College, and earned her medical degree from New York College of Osteopathic Medicine. She completed her Family Medicine residency with UHS in Johnson City, NY where she also completed her Sports Medicine fellowship. She worked closely with the Binghamton Senator Hockey team as well as Binghamton University and high school athletes. After her fellowship, Dr. Grant practiced at the Bassett Health-care where she was the team doctor for Hartwick College as well as SUNY Oneonta and SUNY Cobleskill. Dr. Grant specializes in concussion management, and non-surgical approaches for orthopaedic and musculoskeletal problems and injuries. This includes experience in advanced treatments such as diagnostic and therapeutic musculoskeletal ultrasound and regenerative medicine injections as well as minimally invasive procedures such as percutaneous tendon debridement.



William Wind, Jr., MD
UBMD Orthopaedics and Sports Medicine
11:15am-12:30pm

Dr. Wind was born and raised in Buffalo, NY. He completed his undergraduate degree, medical degree and orthopedic surgical residency at the University of Buffalo, and then completed a fellowship in Sports Medicine at the Cleveland Clinic. He is the Head Team Physician for the university of Buffalo and Niagara University athletic departments, and an Assistant Team Physician for the Buffalo Bills and the Buffalo Sabres. His clinical practices focuses mainly on care of rotator cuff tears and instability of the shoulder, as well as knee ACL tears and cartilage injuries and restoration.



Michael C. Yip, MD
Greater Rochester Orthopaedics
1:15pm-2:30pm

Dr. Yip is a board certified orthopaedic surgeon who graduated from Washington University School of Medicine in St Louis and completed his residency at SUNY Upstate Medical Center in Syracuse. He completed a fellowship in shoulder and elbow surgery at New York University Hospital for Joint Diseases. In private practice since 2017, his clinical practice includes conditions affecting the shoulders and elbows including arthroscopic shoulder and elbow surgery and replacement, rotator cuff disease, arthritis, sports injuries.



Michael D. Ross, PT, DHS
Daemen University
2:45pm-4:00pm

Dr. Ross is an Associate Professor and Chair/Program Director for the Physical Therapy Department at Daemen University in Amherst NY. He is a board-certified Orthopedic Clinical Specialist from the American Board of Physical Therapy Specialties and a Fellow of the American Academy of Orthopedic Manual Physical Therapists. Prior to his appointment at Daemen University, Dr. Ross served in the U.S. Air Force for 20 years, where he was credentialed as a direct access provider with diagnostic imaging, medical laboratory, specialty physician referral, and pharmacological privileges. He completed his Bachelor of Science in Physical Therapy from Daemen College, his Masters and Doctorate of Health Science in Physical Therapy from the University of Indianapolis, and a Fellowship in Orthopedic Manual Therapy and Musculoskeletal Primary Care from Kaiser Permanente Medical Center in Vallejo, CA.



Date & Location:

March 9, 2024
Genesee Community College
One College Road Batavia, NY 14020

Course Hours:

Registration begins at 7:30 a.m. The seminar **begins at 8:00 a.m.** and **concludes at 4:00 p.m.** A buffet lunch is provided.

For late arrivals or early departures, please see amended certificate information under Continuing Education Credit.

Confirmations & Cancellations:

Confirmations of registration are sent via email within three days of receipt in our office. If a faxed confirmation cannot be sent, a post card is mailed. If you have not received a confirmation within five days of the program, please call our office at (585) 768-4550 to verify registration. Cancellations received at least five working days before the seminar are refundable less a \$20 administrative charge per registrant. For cancellations received later, a 50% refund will be provided. Please note that if you register and do not attend, you are still liable for full payment. Substitutions may be made at any time.

Disclaimer: Any opinions, findings, recommendations or conclusions expressed by the author(s) or speaker(s) do not necessarily reflect the views of Village Physical Therapy. Village Physical Therapy reserves the right to substitute a qualified instructor due to unforeseen circumstance.

Registrants will not receive a certificate until payment has been received. If payment is not received ten (10) days prior to the seminar, the certificate may not be present at the seminar. If your payment is returned NSF it will be re-presented electronically and a processing fee will be charged as allowed by law.

Who Should Attend:

- Physical Therapists
- Occupational Therapists
- Physical Therapist Assistants
- Athletic Trainers



Continuing Education Credit:

Occupational and Physical Therapists & Other professions: This seminar is approved for 6.5 CEUs for New York State Physical Therapists and Physical Therapist Assistants, and qualifies as continuing education hours as required by many national, state, and local licensing board and professional organizations. Save your course outline and certificate of completion and contact your own board or organization for specific filing requirements.

All professionals: In order to process continuing education, please bring the appropriate license/certification number to the seminar

Certified Athletic Trainers: This seminar may be claimed for 6.5 Category D CEU's.

Amended certificates: Please note that the credit hours listed above are offered for a full day's attendance. In the event of late arrival and/or early departure, amended certificates indicating the actual number of credit hours earned will be provided upon calling Village Physical Therapy.

ADA: If you require ADA accommodations, please contact Village Physical Therapy & Village Fitness at least two weeks before the seminar date so that arrangements can be made.

Our Guarantee:

Village Physical Therapy is committed to offering high-quality educational programs. If you attend our seminar and do not receive the professional or business benefits described in our literature, or have some other professional complaint, please let us know in writing within seven days of the program. We will make every effort to investigate and rectify your complaint, up to and including a refund of your registration fee.

No financial or nonfinancial relationships affecting the content of this program exist.

NEW: Virtual Classroom

Can't attend in person? Register to attend virtually instead! Quarantined? Registration for in-person attendance may be changed to Virtual at any time.

Directions:

To reach Genesee Community College from the New York State Thruway, use **Exit 48**. Turn **right** (north) on **Route 98** and cross over the Thruway. Turn **right** onto **West Saile Road** (Airport Road) and continue to **Bank Street**. Turn **right** on Bank Street. After crossing over the Thruway again, turn **left** onto **Assemblyman R. Stephen Hawley Drive**. Genesee Community College is located on the **left**.

www.villagefit.com

ORTHOPEDIC SURGICAL UPDATE

Saturday, March 9, 2024

Scan to register online!



NEW! You can now register online at www.villagefit.com

Registration Fee:

	Early*	Regular
Single Registrant	\$189	\$199
2 to 4**	\$179	\$189
5 or more**	\$169	\$179

Virtual Attendance: \$149

*Registrations received 10 days prior to seminar date.
**Price per person when registering at the same time. 10 or more registrants call for pricing.

Location:
Genesee Community College
One College Road, Batavia, NY 14020

Can't register online? Call our office at:
(585) 768-4550



Enrollment is limited **REGISTER TODAY!**

PHYSICAL THERAPY AND FITNESS

Enrollment is limited → **REGISTER TODAY!**

@ Genesee Community College in Batavia, NY • March 9, 2024

ORTHOPEDIC SURGICAL UPDATE

Offered by Village Physical Therapy & Village Fitness



At the conclusion of this course, the attendee will be able to:

1. Understand the surgical indications for hip arthroscopy and where surgical vs conservative intervention is preferred; how surgical procedures are performed, to develop effective post-operative rehabilitation strategies.
2. Understand the indications and contraindications for percutaneous needle tenotomy; how the procedure is performed; describe rehabilitation considerations post-procedure.
3. Understand the clinical examination of patients with suspected cartilage pathology of the knee; understand treatment options for conservative vs. surgical management; how surgical procedures are performed; develop effective post-operative rehabilitation programs for patients.
4. Understand the clinical presentation of patients with an indication for shoulder arthroplasty (vs. rotator cuff repair); the common methods for performing shoulder arthroplasty (traditional vs reverse), to develop effective post-operative rehabilitation programs for patients.
5. Understand the indications and limitations of current diagnostic imaging studies for the spine, to be able to interpret common abnormalities of diagnostic images in context of the best available clinical evidence of common spinal disorders, to be able to teach patients to understand their diagnostic imaging findings in appropriate clinical perspective.

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Course Description:

Orthopedic Surgical Update is an opportunity for rehabilitation professionals to learn about the latest and emerging surgical techniques directly from local orthopedic surgeons and health professionals. The focus of this course is to describe the clinical indications, intra-operative procedures, and post-operative management and rehabilitation strategies. This will enable clinicians to become better diagnosticians and design safer, more effective post-operative rehabilitation programs through enhanced understanding of the surgical procedures.

Course Faculty:

- Rami M. El-Shaar, MD
- Kate A. Grant, DO
- William Wind, Jr., MD
- Michael C. Yip, MD
- Michael D. Ross, PT, DHS



Continuing Education Units Available!



Enrollment is limited → **REGISTER TODAY!**

• March 9, 2024

Total CEUs: 6.5

Rami M. El-Shaar, MD

Rochester Regional Health System

Advances in Hip Arthroscopy

Dr. El-Shaar will discuss conditions commonly treated with hip arthroscopy for labral tears and other commonly-encountered conditions, describe surgical treatment options and recent advances in technique, and discuss post-operative rehabilitation.

8:00am-9:30am

Kate A. Grant, DO

Rochester Regional Health System

Percutaneous needle tenotomy (Tenel) Procedures

Dr. Grant will discuss the indications for percutaneous needle tenotomy (Tenel), describe how the procedure is performed, and discuss post-procedure rehabilitation considerations.

9:45am-11:00am

William Wind, Jr., MD

UBMD Orthopaedics and Sports Medicine

Surgical Management of Cartilage Injuries in the Knee

Dr. Wind will discuss clinical examination and indications for the surgical management of cartilage injuries in the knee, including meniscal transplantation, and strategies for post-operative rehabilitation.

11:15am-12:30pm

Michael C. Yip, MD

Greater Rochester Orthopaedics

Advances in Shoulder Arthroplasty

Dr. Yip will discuss his process for evaluating whether patients with shoulder pain are candidates for shoulder arthroplasty, review the surgical options and techniques, and discuss post-operative rehabilitation considerations.

1:15pm-2:30pm

Michael D. Ross, PT, DHS

Daemen University

Diagnostic Imaging of the Spine

Dr. Ross will discuss common diagnostic imaging studies of the spine and how to interpret common normal and abnormal findings. He will discuss the clinical relevance of diagnostic imaging findings to the conservative clinical management of spine disorders.

2:45pm-4:00pm

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