

October Visit Challenge

If you belong to the following insurance fitness programs, you can participate!



- . SilverSneakers
- . Silver&Fit



- . Independent Health Healthy Benefits
- . Healthways PRIME/Blue 365

**Each time you visit us, get your card punched at the front desk!
Come in 10 times during the month of July and you'll receive a prize!
Ask for your punch card at the front desk!**

