

August Class Challenge

If you come to any of the following classes, you can participate!

- . Boot camp
- . But & Gut
 - . Spin
- . Slimdown
- . X-Training
- . SilverSneakers (challenge is not for insurance-based members)

Each time you join us for a class, get your card punched at the front desk! Come in 10 times during the month of August and you'll receive a complimentary apparel item!
Ask for your punch card at the front desk!

