

# ORTHOPEDIC SURGICAL UPDATE

Saturday, March 12, 2022

**NEW!** You can now register online at [www.villagefit.com](http://www.villagefit.com)

## Registration Fee:

	Early*	Regular
Single Registrant	\$189	\$199
2 to 4**	\$179	\$189
5 or more**	\$169	\$179

**Virtual Attendance: \$149**

\*Registrations received 10 days prior to seminar date.  
\*\*Price per person when registering at the same time. 10 or more registrants call for pricing.

Enrollment is limited **REGISTER TODAY!**

**PHYSICAL THERAPY AND FITNESS**



Scan to register online!



**Location:**  
Genesee Community College  
One College Road, Batavia, NY 14020

Can't register online? Call our office at:  
(585) 768-4550

Enrollment is limited **REGISTER TODAY!**

@ Genesee Community College in Batavia, NY • March 12, 2022

# ORTHOPEDIC SURGICAL UPDATE

Offered by Village Physical Therapy & Village Fitness



At the conclusion of this course, the attendee will be able to:

1. Distinguish between anterior and posterior approaches to total hip replacement, choose effective and appropriate rehabilitation interventions for patients following THR.
2. State the role and application of modern regenerative therapies and orthobiological procedures in the treatment of orthopedic disorders, identify patient characteristics which might benefit from the same, and design appropriate rehabilitation strategies for patients who have undergone these procedures.
3. Recognize the clinical dilemma associated with the surgical and non-surgical treatment decision for patients with large/complicated rotator cuff pathology and/or degenerative joint disease of the shoulder, and construct effective rehabilitation programs.
4. Inter-relate the principles of yoga with therapeutic exercise prescription to design effective and creative rehabilitation programs.
5. Articulate the recent and future surgical advances in ACL reconstruction, and synthesize effective post-surgical rehabilitation programs.

[www.villagefit.com](http://www.villagefit.com)

## Course Description:

Orthopedic Surgical Update is an opportunity for rehabilitation professionals to learn about the latest and emerging surgical techniques directly from local orthopedic surgeons and health professionals. The focus of this course is to describe the clinical indications, intra-operative procedures, and post-operative management and rehabilitation strategies. This will enable clinicians to become better diagnosticians and design safer, more effective post-operative rehabilitation programs through enhanced understanding of the surgical procedures.

## Course Faculty:

- David Privitera, MD
- Daniel Day, DO
- Timothy Wagner, MD
- Sandeep Mannava, MD, PhD
- Elyssa E. Bourke, DC



Continuing Education Units Available!

# ORTHOPEDIC SURGICAL UPDATE

Offered by Village Physical Therapy & Village Fitness

Enrollment is limited **REGISTER TODAY!**

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Total CEUs: 6.5

**David Privitera, MD**

Wyoming County Health System, Warsaw, NY

Shoulder Arthroplasty and Management of the Failed Rotator Cuff Repair

Rotator cuff pathology and subsequent surgical repair are common conditions encountered by rehabilitation clinicians. But, what happens when a rotator cuff tear is exceptionally large, the surgical repair fails, or significant concomitant degeneration exists? Dr. Privitera will discuss the surgical options available to patients, and post-operative considerations for the clinicians overseeing their rehabilitation.

8:00am-9:30am

**Daniel Day, DO**

Rochester Regional Health System, Rochester, NY

Regenerative Therapies and Orthobiologics

Dr. Day will provide an update on the application of interventional orthopedic techniques, including diagnostic and therapeutic workup and injections, dry needling, prolotherapy, and percutaneous tendon debridement. He will also discuss biologics, including platelet-rich plasma (PRP) and bone marrow concentrate (BMC) injections. He will discuss the indications for such procedures, the benefits/risks, and rehabilitation considerations.

9:45-11:00am

**Timothy Wagner, MD**

Rochester Regional Health System, Rochester, NY

Anterior Approach to THR

Dr. Wagner will review the operative procedure for the anterior approach to total hip arthroplasty, comparing and contrasting the indications, precautions, and post-operative considerations with the posterior approach. He will discuss recent advances in surgical technique and share his thoughts on post-operative rehabilitation.

11:15-12:30pm

**Sandeep Mannava, MD, PhD**

University of Rochester Medical Center, Department of Orthopaedics, Rochester, NY

Anterior Cruciate Ligament Reconstruction: History, Evaluation, Reconstruction, Rehabilitation, and Future Innovative Directions

The purpose of this talk is to provide the audience with general overview of anterior cruciate ligament injury epidemiology, clinical evaluation/diagnosis, and modern surgical reconstruction techniques. There will be an emphasis on anatomic reconstruction and graft selection. Additionally, the audience will learn about general rehabilitation guidelines and timelines, as well as our current NIH funded research efforts on the topic.

1:15pm-2:30pm

**Elyssa E. Bourke, DC**

Bourke Chiropractic, Buffalo, NY

How Can Yoga Be Incorporated into Patient Rehabilitation

Dr. Bourke will offer a brief introduction to the origins of yoga, discuss the various forms of yoga that are being taught in our communities, and give a brief description of what a participant can expect from a class. This will assist professionals in recommending the most appropriate class to enter and what modifications or limitations they may need to address. The presentation will explore a few of the universal principles of yoga that may benefit patients such as mindfulness, centering, balance, rhythm and breath awareness. Yoga has the capacity to offer benefits to all who choose to participate in the class setting, poses and modifications and teacher are a helpful match for the patient.

2:45-4:00pm

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# Course Faculty & Schedule:



**David Privitera, MD**

Wyoming County Community Health System, Warsaw, NY

## Shoulder Arthroplasty and Management of the Failed Rotator Cuff Repair

**8:00-9:30 am**

Dr. Privitera earned his M.D. from Columbia University College of Physicians & Surgeons, and completed his residency in orthopaedic surgery at SUNY at Buffalo. He then completed a fellowship in sports medicine and shoulder reconstruction at Harvard Medical School, Brigham & Women's Hospital. Dr. Privitera offers comprehensive treatment of the shoulder including rotator cuff tears, labral tears & complex instability, fractures, and replacement including both anatomic and reverse total shoulder. He now offers the subacromial balloon spacer. At the forefront of biologic joint preservation for the active patient, Dr. Privitera offers complex meniscus repair, meniscus transplant, cartilage transplant (including MACI), & corrective osteotomies. He also performs hip and knee arthroscopy for sports injuries, and treats exertional compartment syndrome, tendon ruptures, and other sports injuries.



**Daniel Day, DO**

Rochester Regional Health System, Rochester, NY

## Regenerative Therapies and Orthobiologics

**9:45-11:00 am**

Dr. Day hails from Rochester, NY and graduated from Greece Arcadia High School. His interest in sports medicine began during at Penn State University where he played varsity and club baseball. He earned his medical degree from Philadelphia College of Osteopathic Medicine, and completed his sports medicine fellowship at Virginia Tech and Edward Via College of Osteopathic Medicine. He practiced at the Greenbrier Medical Institute in West where he provided medical coverage for the PGA and professional tennis events. He continues providing medical coverage for the U.S. Olympic Ski and Snowboard team. Dr. Day specializes in concussion management, manipulative medicine and non-surgical approaches for orthopaedic injuries, diagnostic and therapeutic musculoskeletal ultrasound, and regenerative medicine injections.



**Timothy Wagner, MD**

Rochester Regional Health System, Rochester, NY

## Anterior Approach to THR

**11:15-12:30 pm**

Dr. Wagner attended medical school at The George Washington University School of Medicine in Washington, DC before completing his residency at the Cleveland Clinic. He completed a fellowship sub-specializing in joint replacement at The New England Baptist Hospital in Boston, MA. Dr. Wagner's practice focuses on problems of the hip and knee, as well as fractures involving the lower extremity. He performs minimally-invasive direct anterior total hip arthroplasty and partial knee replacements, in addition to total knee replacements. He also specializes in treating failed or problematic hip and knee replacements, in addition to managing infected joint replacements.



**Sandeep Mannava, MD, PhD**

University of Rochester Medical Center, Department of Orthopaedics, Rochester, NY

## Anterior Cruciate Ligament Reconstruction: History, Evaluation, Reconstruction, Rehabilitation, and Future Innovative Directions

**1:15-2:30 pm**

Sandeep Mannava, MD, PhD is a board certified orthopedic surgeon specializing in sports medicine; arthroscopic surgery of the knee and shoulder; as well as shoulder reconstruction and replacement. Originally from Utica, New York, Dr. Mannava graduated from Cornell University, then attended medical school at SUNY Upstate Medical University. He completed his orthopedic surgery residency and PhD at Wake Forest University, and arthroscopy and sports medicine fellowship training at the Steadman Clinic and Steadman Philippon Research Institute in Vail, Colorado. Dr. Mannava has published over 85 manuscripts and book chapters, has been awarded several competitive research grants, and invented a surgical device that was patented. He serves as a team physician for SUNY Brockport and for the United States Ski and Snowboard Association.



**Elyssa E. Bourke, DC**

Bourke Chiropractic, Buffalo, NY

## How Can Yoga Be Incorporated Into Patient Rehabilitation

**2:45-4:00 pm**

Elyssa Bourke worked as a professional dancer, yoga instructor and personal trainer in New York City before entering D'Youville College's Doctor of Chiropractic program and graduating in 2009. Outside of her chiropractic practice, Dr. Bourke is a Yoga instructor at East Meets West Yoga Studio, a professional dancer with the Ann Burnidge Dance Company and an Adjunct Professor in the Department of Theater and Dance at the State University of New York at Buffalo.



## Date & Location:

**March 12, 2022**

Genesee Community College  
One College Road Batavia, NY 14020

## Course Hours:

Registration begins at 7:30 a.m. The seminar **begins at 8:00 a.m.** and **concludes at 4:00 p.m.** A buffet lunch is provided.

For late arrivals or early departures, please see amended certificate information under Continuing Education Credit.

## Confirmations & Cancellations:

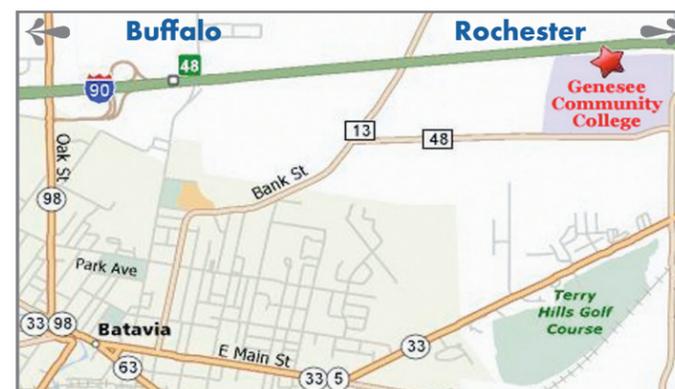
Confirmations of registration are sent via email within three days of receipt in our office. If a faxed confirmation cannot be sent, a post card is mailed. If you have not received a confirmation within five days of the program, please call our office at (585) 768-4550 to verify registration. Cancellations received at least five working days before the seminar are refundable less a \$20 administrative charge per registrant. For cancellations received later, a 50% refund will be provided. Please note that if you register and do not attend, you are still liable for full payment. Substitutions may be made at any time.

**Disclaimer:** Any opinions, findings, recommendations or conclusions expressed by the author(s) or speaker(s) do not necessarily reflect the views of Village Physical Therapy. Village Physical Therapy reserves the right to substitute a qualified instructor due to unforeseen circumstance.

Registrants will not receive a certificate until payment has been received. If payment is not received ten (10) days prior to the seminar, the certificate may not be present at the seminar. If your payment is returned NSF it will be re-presented electronically and a processing fee will be charged as allowed by law.

## Who Should Attend:

- Physical Therapists
- Occupational Therapists
- Physical Therapist Assistants
- Athletic Trainers



## Continuing Education Credit:

**Occupational and Physical Therapists & Other professions:** This seminar is approved for 6.5 CEUs for New York State Physical Therapists and Physical Therapist Assistants, and qualifies as continuing education hours as required by many national, state, and local licensing board and professional organizations. Save your course outline and certificate of completion and contact your own board or organization for specific filing requirements.

**All professionals:** In order to process continuing education, please bring the appropriate license/certification number to the seminar

**Certified Athletic Trainers:** This seminar may be claimed for 6.5 Category D CEU's.

**Amended certificates:** Please note that the credit hours listed above are offered for a full day's attendance. In the event of late arrival and/or early departure, amended certificates indicating the actual number of credit hours earned will be provided upon calling Village Physical Therapy.

**ADA:** If you require ADA accommodations, please contact Village Physical Therapy & Village Fitness at least two weeks before the seminar date so that arrangements can be made.

## Our Guarantee:

Village Physical Therapy is committed to offering high-quality educational programs. If you attend our seminar and do not receive the professional or business benefits described in our literature, or have some other professional complaint, please let us know in writing within seven days of the program. We will make every effort to investigate and rectify your complaint, up to and including a refund of your registration fee.

*No financial or nonfinancial relationships affecting the content of this program exist.*



## NEW: Virtual Classroom

Can't attend in person? Register to attend virtually instead! Quarantined? Registration for in-person attendance may be changed to Virtual at any time.

## Directions:

To reach Genesee Community College from the New York State Thruway, use **Exit 48**. Turn **right** (north) on **Route 98** and cross over the Thruway. Turn **right** onto **West Saile Road** (Airport Road) and continue to **Bank Street**. Turn **right** on Bank Street. After crossing over the Thruway again, turn **left** onto **Assemblyman R. Stephen Hawley Drive**. Genesee Community College is located on the **left**.

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